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No. 68

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Propriety - of Brain

Dr. Rush

Williams & Eggertson.

Dr. Rush of Doctor of Medicine

To the Right Honorable

University of Pennsylvania

The President, Philadelphia

Dear Sir,

I have the honor to

acknowledge the receipt

of your letter of the 11th

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Inaugural Dissertation

Hydrocephalus Internus

Internal^{or} Dropsy of the Brain

Submitted to the examination

of
The Provost, Trustees and Medical Faculty
of the

University of Pennsylvania

For the Degree of Doctor of Medicine

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The task of submitting to you a Thesis has now devolved upon me, and I have only to regret that my ability is not equal to my inclination in performing it. I am duly sensible of the many errors and imperfections to which it will be liable, and likewise of the distinguished talents of the Editorial to whom it is addressed, but at the same time it is a source of no little consolation to reflect, that minds of genius and refinement are generally chastened and expanded with a mild spirit of liberality, that will make every allowance due to the timid efforts of a Student, and the embarrassments of an inexperienced Writer. If circumstances like these deserve the sympathetic feelings of soft and indulgent scrutiny, permit me to solicit it in behalf of the essay which is now laid before you by a Candidate for Medical Honors. The subject which I have selected for the purpose is that of Hydrocephalus Internus. In this selection, I have been perfectly uninfluenced

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conceals by any impulse of vanity, nor have I been deluded by any
aspiring hope, of either giving a more perfect development of the
subject than has hitherto been given, or of shedding any new
additional light upon it. It was the first that suggested itself,
and as I felt no ambition, to draw your attention to schemes of
innovation or to take any adventurous flight into new
Theories, I thought proper to adopt it. There are perhaps very
few diseases more interesting to the Physician, more distressing
to the Patient and more alarming to his Friends than the
Hydrocephalus Internus. But in relation to the nature
of this disease, permit me to refer you to the following
pages, and to conclude with a wish, that if they should
not be fortunate enough to meet with your approbation, that
they may at least meet with your Clemency.

Mental Philosophy

It is the object of the human mind to know the truth, and to act accordingly. The mind is a faculty which is capable of receiving impressions from the senses, and of forming ideas from them. The mind is also capable of reasoning, and of drawing conclusions from the ideas it receives. The mind is the source of all our knowledge, and it is the power which enables us to understand the world around us.

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Hydrocephalus Internus

Children are the subjects of this dangerous, and insidious disease (and of all the calamities to which the Human Body is subject; no one is more alarming in its symptoms, or more fatal in its terminations).

This Complaint attacks Children of all ages. But most generally those between two and three years of age. Dr. Rush tells us that he has seen it in a Child of six weeks old. Sometimes it affects Adults of a good habit of body.

The reason why it attacks Children more than Adults, may be explained in the following manner "The Capacity and force of the Heart, in proportion to the System of Vessels, is greater at the beginning of life, than at an after period; At the same time a greater quantity of blood is contained in the Arteries, proportionable to what is contained in the Veins, and the Vessels of the Head likewise receive a greater quantity of blood in proportion to the rest of the System. The Brain being larger in Children in proportion to the other parts of the Body than in Adults, of course a greater quantity of blood is sent to it in Childhood, than at a more advanced stage. The effects of this determination are evident in the mucous discharge from the Nose and the frequent occurrence of sores behind the Ears and on different parts of the Body.

It is a well known fact that in every stage of Life, and in fevers of all kinds, there is a disposition to Effusions in that part to which there is the greatest determination. For instance, in inflammatory fevers, effusions take place in the Lungs and joints. In the bilious Fever they occur in the Liver; and in the Gout in every part of the

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the body". In all febrile diseases (save Orkust) there is a preternatural determination of blood to the brain. This occurs in a more exalted manner in Children. Hence the reason why they are so apt to be affected with convulsions in the eruptive fever of the Small Pox, in the diseases from worms, and in the first paroxysms of intermitting Fever.

The Symptoms of the Disease.

In the commencement the Patient is feverish, inattentive, drowsy, and slightly feverish, but at intervals cheerful and free from complaint. He then begins to complain of slight pains in the Head, or belly, the complexion becomes ill, the appetite weak with considerable disorder of all the abdominal functions. These complaints arise gradually, but are seldom alarming; and the Child's friends are not apprehensive of a seizure of his danger until advancing a step farther the commencement of a peculiar disease has more distinctly shewn itself.

The dullness and Pains in the head are now accompanied, perhaps upon getting up in the morning, or after he has begun to stir about with Nausea; and in a majority of Cases a vomiting occurs once or twice a day, and the skin is observed to be hot and dry towards the evenings. The Pain in the head now becomes more acute, and is situated chiefly in the fore-part, or if not there, generally in the Crown of the Head. Sometimes it is confined to one side. The Head generally inclines to the side affected. It frequently continues down the nape of the Neck to the Shoulders. We not unfrequently find the Headache alternating with the affection of the Stomach; the vom-

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vomiting being less troublesome when the pain is most violent and *Vice Versa*.

In this state of the ~~erectum~~ disease the Patient has an aversion to the light, cries much, sleeps little, and when he does sleep he grinds his teeth, picks his nose, appears to be uneasy, and starts often, screaming as if he were tormented. In addition to these a Strabismus takes place, the Pupil of the eye is dilated and the axis of one eye is generally found to be turned in towards the nose. The Pupil on this side is rather more dilated than on the other and when both have the axis directed inwards which sometimes happens both Pupils are larger than they are observed to be in the eyes of healthy persons. The vomiting now becomes more constant, the Head Ache, more excruciating; Every Symptom of fever then makes its appearance, so that the situation of the miserable Patient fills the minds of the Spectators with the greatest horror. A delirium frequently occurs and that of the most violent kind (says Quin) particularly if the Patient has arrived at the age of puberty.

The Heat is generally excessive about the Head, and the Countenance is greatly flushed about the evening at which time the Fever increases.

In breathing there is considerable pause after every expiration. The tongue is clean, white and sometimes it acquires an aphthous redness. In the majority of Cases the bowels are costive, Stools are procured with difficulty and when obtained are very offensive. And sometimes a Diarrhea takes place.

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Physicians greatly disagree in regard to the state of the Pulse. Whitt and some others say, that it is quick in the beginning. Postleill and Watson declare that it is no quicker than in health. Some assert that it is slow, as Dr. Rush tells us, he has seen a Case, in which no preternatural slowness or intermission was ever perceived. But in most of the Cases related by him, the Pulse was slow, full, tense, slow, and intermitting in the beginning of the disease. As Dr. Rush has paid as much attention to the pulse as most Physicians, a perhaps more liberal allowance upon his judgment as that of any other person, and believe that in a majority of cases the pulse will be found as above related. The symptoms which have been given, occasionally occur though none of them accompany the disease in an invariable manner. Like the Bilious remitting Fever it assumes a variety of shapes.

Dr. Rush that great Observer, to whom the medical world is greatly indebted, has not found the dilated and insensible pupil, the delirium or Strabismus, to attend it all times.

He also tells us, that he has seen a Case in which the appetite was unimpaired from the first to the last stage of the disease, and likewise that he met with no other in which an uncommon acuteness in hearing took place. In addition to these, Dr. Rush relates a Case in which he obtained a gill of water from the Ventricles of the brain of a girl of nine years of age who died of this disease, and who complained in no stage of it either of a pain in her head or limbs, or of a sick Stomach. The last mentioned Cases are sufficient to show that there are many deviations from the History of the Disease ~~which~~ which has

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been given, and that it is indeed as Dr Quin has happily expressed it of a truly "putrid nature".

The appearances on dissection after death.

We generally find within the Cranium the Viscera particularly on the surface of the brain and lining of the ventricles, gorged with dark blood, the membranes in some places seem inflamed and covered with coagulable lymph, sometimes considerable adhesions take place between the thickening of the membranes and minute and florid vessels upon the Pia Mater. An inflammatory crust has been found on the optic nerves as thick as that observed on the Intestines in a state of inflammation. We find water between the Cranium and Dura Mater, or between the Dura and Pia Mater, but most frequently in the Ventricles of the brain.

The quantity contained in these cavities is sometimes so great as almost to exceed belief. Whitt has found eight ounces, Monro three pounds, and some have related where they have attained several quarts of limpid water. But we seldom meet with more than from two to six, or eight ounces of fluid within the Ventricles. "Both inflammation and effusion do not always attend in this disease, for dissections have shown some cases of inflammation with little or no effusion, and some of effusion without inflammation. This Variety may have been produced by the different stages of the disease in which death ensues the inspection of the brain took place". In the abdomen, the Intestines have been found inflamed and contracted from spasm, and the surface of the Liver

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of a bright red colour, and sometimes adhering to the peritoneum. In some cases we find the surface of the liver covered with small white tubercles not larger than a grain of Mustard. The glands of the Mesentery are often diseased as is evinced by their enlargement.

Of The Diagnosis

It might be of some consequence to distinguish this disease from some others resembling it, though it appears from what has been said that we cannot depend upon no symptom which can be considered as characteristic. Infants cannot give an account of their sensations and therefore we are more ~~often~~ ^{often} uncertain, until the symptoms of affected brain appear. We may however dread the nature of the disease when the Infant has a fever, vomiting, with costiveness or diarrhoea, lies oppressed with the eyes shut, dislikes the light, puts the hand frequently to the head as if going to rub, something off, has starting and spasms and arches suddenly as if terrified. It must be confessed that the Diagnosis of this disease is very difficult, for in disorders of the bowels from dentition, and other causes symptoms may occur somewhat similar to those which appear in the forming state of Hydrocephalus. As we have no certain characteristic by which we can distinguish this disease we should be faithful constantly be continually upon our guard and

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always suspect the approach of the Læmy. As two thirds of the diseases which afflict the human Race terminate, in effusion in some part of the body; I would, whenever there was a severe Head-ache accompanied with an affection of the Stomach, slow or irregular pulse, always suspect a dropsy of the Brain. The same remedies will generally be serviceable in complaints with which this disease may be confounded, and if we delay until the last stage to obtain a more certain Diagnosis, we have scarcely any hope of doing good.

The Causes of Hydrocephalus

It is produced by causes, the operation of which cannot always be detected, but most frequently it can be traced to the sudden removal of an eruption, or cutaneous discharge from the Scalp. Falls or bruises upon the Head, certain positions of the body, and childish plays, these act directly by inducing congestion or inflammation and afterwards an effusion. It is also produced by a variety of diseases, as intermitting, continual and eruptive fevers, by the pulmonary Consumption, Rheumatism and Worms. They appear to act on the Brain indirectly through the medium of the whole System. From the dissections of Lieutaud, Quin and others it appears further, that the Internal Dropsy of the Brain has been observed to succeed each of the following diseases, viz: The Pulse, Palsy, melancholy, Dysentery, denbition, consumption, scrophula, and the sudden healing of old sores.

From the facts enumerated it is evident that the disease may be considered as arising altogether from an inflammation of the Brain. The Pulse which is full and tense, the delirium, difficulty of breathing and the aversion to light are all symptoms of inflammatory diseases.

Upon opening the Cranium after death, the blood-vessels are found turgid with blood, and there is every appearance of inflammation of the Brain. Dr. Ruin has related a case directly in point. The head of a Patient

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was opened who died with every symptom of a Hydrocephalus, and no water was found in the Ventricles, the vessels were all turgid with blood, and no anatomist could have infected them more nicely. This case cannot I acknowledge be properly called a dropsy of the brain, altho' every symptom of this complaint was present.

The term Hydrocephalus (or effusion of water) where the disease has derived its name, does not appear to be applicable in this (the first stage of the disease) as the effusion of water ~~on the effusion of blood~~ is evidently the effect of the disease, and not its cause. In some cases no effusion has been detected, as was stated before, and it is probable that in every case, the effusion does not take place but in the latter stage of the disease. Phrenicula, an appellation which Dr Rush has given would be more proper, and it is probable that this term will be generally adopted at a future time. Tho' it should be remembered that a Physician is to be governed by the symptoms, such as the Pulse, and also by the general state of the system and not by the name of the disease. Prescribing for the mere name of a disease has made as much havoc among mankind as the Yellow Fever or the Plague. We are now arrived at the last part of our subject, and that of the most importance which is, The Method of Cure.

Blood Letting

We need no other proof of the beneficial effect of this remedy, than that of Dr Rush, who has given the history of many cases in the 2^d Vol of Medical Inquiries and Observations where the use of the Lancet completely succeeded in curing this disease together with other remedies to be mentioned. In addition to his authority, I might mention that of Monroe, Leary, Patterson, and many others. But it matters not who has recommended it, as every man that has any pretensions to a knowledge of the Laws of Animal economy must be governed in his prescription by such symptoms as either indicate a def-

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depletion or other remedies. Should the pulse and general state of the system be mark'd by an increased or inflammatory action we must by all means recommend bleeding. The necessity of blood letting in such cases seems very obvious, and it ought to be carried to such an extent as to answer a determinate end; viz: that of lessening topical congestion, and diminishing arterial action. Dr Quin and some others seem to prefer local evacuations, to general bleeding, by means of leeches, cupping or scarifying. When the patient is very young, the jugular vein, or temporal artery may be open'd, when we can not procure sufficient quantity by other means. If the patient be very young we must with some difficulty in obtaining blood from the arm; in this case we must have recourse to local depletion. The repetition of both general and topical bleeding should depend on the appearance the disease exhibits; and as long as any marks of inflammatory action in the vessels of the brain, or symptoms of local congestion remain, these operations may be repeated from time to time, untill the pulse and inflammatory action has subsided. The quantity of blood to be taken must be different, in the different stages of the disease. We are therefore to be governed by the pulse and the general state of the system.

Of Cathartics

I have constantly observed says Dr Rush, all the patients whose cases have been related, to be relieved by plentiful and repeated evacuations from the bowels. When symptoms of inflammatory action in the vessels of the brain are present, purgatives by lessening the determination to the head, necessarily do good.

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of the bowels, indicated by the stools being either fetid & clay coloured, or dark and slimy. Great attention should be paid to the bowels. Our Patient should never have his bowels costive. Dr. Keen advises us to use Calomel as a purge, and cautions us against adding any thing to it, which is likely to produce a vomiting, because should a vomiting take place, the flow of blood would be increased in the Vessels of the head. Some advise Jalap, in combination with Calomel, and others again advise the Chrysalis of Tartar with Cambooge. The dose of the purge should be regulated agreeable to the age, and constitution, of the patient, and to be given as often as occasion may require. I should prefer Calomel and Jalap myself, and it should be given every day or two as occasion may require.

Of Blisters.

In every stage of the disease, and let the cause have been what it may, blisters appear to be highly advisable by all physicians. They produce their good effects by keeping up a drain, and taking off the plethora from the vessels of the brain. The great discharge which they occasion from the vessels of the head greatly overbalances their stimulating effects on the whole system. They may therefore be used in every stage. They may be applied on the Neck, Pimple, behind the ear, or over the head.

And we may keep it continually running by means of the Unguentum Sabina or Unguentum Verucatorium.

Of Mercury.

This remedy has been highly recommended by some writers on this disease. Dr. Percival and Dobson, speak so much in praise of mercury in Hydrocephalus as almost to lead many to believe it a specific

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From the experience of other Physicians we are now induced to place no confidence in mercury when used as a sialagogue. Dr. Barton in his lectures on mercury, spoke of its having been used in this disease, but from his observations and experience, I am induced to believe that no reliance can be placed on it as a sialagogue in the cure of the disease now under consideration. From the high authority mentioned, I think it may be asserted, that this remedy is unsafe in the cure of this disease. It may be objected to, on account of the uncertainty of its operation, and also its inefficiency, if it excites a mercurial action; and above all, its tendency to produce gangrene in the tender jaws of infants. It should never be used says Dr. Rush as a sialagogue in patients under nine or ten years of age, for the above mentioned reasons. We are therefore to place no reliance on mercury in the cure of this disease. But depend principally, on blood-letting, Cathartics and Blisters in the first stage. These seem to promise a much fairer chance for success, than mercury used so as to excite, what is called a mercurial action in the system.

The Application of Cold to the Head.

The head should be previously shaved and linen cloth dipped in Vinegar and Water, or ice and Water, or ice alone may be kept constantly applied to the head. The cloth should be removed as often as it becomes warm and dry. This remedy may be used before the application of the blister, or after the blister has been applied, a rag wetted as before, may be applied to the forehead to alleviate the pain.

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in Cases of Epilepsy, and Apoplexy, reasoning from analogy, some have supposed they might be tried as a preventive, where it is likely to arise from an hereditary predisposition. Patterson supposes, that in a lingering or chronic case there may be room for their application, and that they may be introduced as prophylactics with strong expectation of advantage.

Of Rest.

The Patient should be kept as quiet as possible in a dark room, free from the stimulus of light, and noise of every kind should be avoided if possible.

Opium.

Some think favorably of this remedy, while others say, that Opials are absolutely necessary in large and repeated doses when the pains are very acute. As Hydercephalus bears some relation to Thrombosis, and as according to the most celebrated writers, Opium is improper in the Pleuritis, I would administer it with the greatest caution in the disease under consideration.

Stimulatives

I should suppose the shock given to the head in the act of sneezing, would in no manner lessen the accumulation of blood in the vessels of the brain or produce an absorption of water from the Ventricles. I am induced to believe they will tend very much to aggravate the symptoms, rather than afford any relief. For as the least motion of the head must be detrimental to the Patient, I should not be disposed to recommend them.

Compression of the Carotids

This has been proposed by Patterson in order to obviate a morbid accession of blood to the vessels of

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Digitalis

This has been suggested as a remedy in Hydrocephalus, but from the experience of those that have tried it, we have nothing to hope for as to its beneficial effects. To what particular state of the disease it may be adapted, whether it might relieve by diminishing arterial action, or by its powers as a diuretic, I am not able to say. But think it a useless remedy at any time.

Lastly after the strength of the patient is much reduced we can do nothing more than give such remedies as are used in all other diseases proceeding from debility.

Tonics and stimulants may be used cautiously in these cases and nourishing diet, gentle exercise in cool air. Dr. Rush has suggested the use of the Cold Bath to prevent a return of the disease, where it has yielded to the power of medicine. no objection can be made to the use of this remedy.

On concluding this crude production, I should be doing injustice to my own feelings, were I to omit an acknowledgement of the many obligations I am under to the Professors of the different branches of medicine in this University. Accept gentlemen, my warmest wishes for your prosperity. May you always meet with the reward which is so amply and justly due to your merit; and may your lives be as happy as they have been useful, and may your endeavours to improve the science of medicine, be crowned with as much honor to yourselves, as they have been beneficial to mankind.

